



100% VEGAN MENU

VEGAN STARTERS

Sized for one, perfect for sharing.

Bruschetta Pomodoro

Roasted Garlic Ciabatta Crisps served with fresh Tomato Checca | 8.25

Fire Roasted Artichoke

Served with Grilled Lemon | 10

HAND MADE VEGAN SOUPS

Pasta Fagioli Soup

Traditional White Bean & Potato Soup

CUP \$5

Minestrone Soup

Hearty Italian Vegetable Soup

BOWL \$6.50

Some Vegan Daily Soup Specials

VEGAN SALADS

Roasted Beet and Apple Salad | Mixed Field Greens, Roasted Beets, Apples, Candied Pecans, & our Balsamic Vinaigrette | Half 11 / 13.50

Spinach Balsamic Salad | Fresh Spinach Leaves tossed with Roasted Red Peppers, Black Olives, & Tomatoes, tossed with our Balsamic Dressing | Half 11 / 13.50

Apple Pecan Salad | Fresh Arugula tossed with Candied Pecans, Green Apple, and Fresh Sage, topped with our Balsamic Vinaigrette | Half 11 / 13.50

Vegan Antipasti Salad | Shredded Romaine, Black Olives, Tomatoes, Cucumbers, Fresh Basil, & Garbanzo Beans, tossed with our Fresh Thyme Vinaigrette | Half 11 / 13.50

Grilled Veggie Chopped Salad | Mixed Greens, Grilled Veggies, and our Lemon Herb Vinaigrette | Half 11 / 13.50

Spinach, Pine Nuts, and Fresh Basil Salad | With Chopped Shallots, Cherry Tomatoes, and our Balsamic Dressing | Half 9 / 11

VEGAN PANINI / SANDWICHES

Served on freshly baked eggless Ciabatta Bread. All Sandwiches and Panini are served with a Side Salad or Rosemary Potatoes

The NO B: Just L.T.A. Sandwich | Arugula, Tomatoes, Avocado with Balsamic Drizzle | 11

Grilled Vegetable Sandwich | Grilled Eggplant, Zucchini and Tomatoes with Balsamic Drizzle | 11

VEGAN PASTA DISHES

All of the following Pastas are made without Eggs in Strictly Vegan Sauces.

Penne Puttanesca | Capers, Olives, White Wine & All'Arrabbiata Sauce | 14

Penne All'Arrabbiata | Spicy Tomato Sauce with Garlic & Herbs | 13

Capellini Primavera | Capellini Noodles with Marinara and Fresh Vegetables | 14

Rigatoni with Roasted Peppers | and Marinara Sauce | 13

Whole Wheat Spaghetti | with Spinach & Tomatoes | 14.50

Rigatoni with Eggplant | and Marinara | 13

Spaghetti Squash

With All' Arrabbiata Sauce or with Garlic & Olive Oil | 14.25

VEGAN SAUCES

MARINARA ★ ALL' ARRABBIATA ★ AGLIO E OLIO

TUSCAN VEGETABLE PLATE

Choose 3 of the following Vegetables: 11.25

**OVEN-ROASTED ROSEMARY POTATOES ★ BUTTON MUSHROOMS
SAUTÉED SPINACH WITH GARLIC ★ SEASONAL MIXED VEGETABLES
TOMATO CHECCA ★ ROASTED CAULIFLOWER**

VEGAN PIZZA

OUR PIZZA DOUGH IS EGGLESS AND VEGAN

*We have Daiya Vegan Cheese to build your own
Vegan or Marinara Pie +1.50 / 2.00*



Pizza Marinara | Pizza with Marinara and Fresh Basil | 12 / 16

Eggplant Pie | Marinara Sauce, Daiya Cheese, Pinenut, Eggplant, Sun-Dried Tomato, Fresh Basil 15/19

Marinara Mushroom & Onion Pie | Mushrooms, Caramelized Onions, & Fresh Thyme | 15 / 19

Marinara Fresh Herb Pie | Marinara Sauce, Fresh Thyme, Fresh Basil, Daiya Cheese, & Fresh Garlic | 15 / 19

Green Power Pie | Olive Oil, Fresh Garlic, Spinach, Fresh Arugula | 15 / 19

BUILD YOUR OWN MARINARA PIE

+1.50 PER TOPPING:

Onions
Black or Kalamata Olives
Tomatoes or Cherry Tomatoes
Mushrooms
Fresh Garlic
Bell Peppers
Hazelnuts
Fresh Thyme
Fresh Basil

+1.50 PER TOPPING:

Caramelized Onions
Roasted Peppers
Pineapple
Jalapenos

+2 PER TOPPING:

Artichoke Hearts
Sun-Dried Tomato